



JAPAN SWIM 2025

第100回日本選手権水泳競技大会 競泳競技



Results Summary

Event No. :80

WOMEN

400m

Individual Medley

Heats

WR

4:24.38

NR

4:30.82

Rank	HT/LN	Name	Nat.				YB				Time	FINA Point (R. T.)
			50m	100m	150m	200m	250m	300m	350m			
1	4/4	NARITA MIO			JPN	06					4:41.23	830 (0.63)
			29.29	1:03.03	1:40.32	2:16.10	2:55.87	3:36.31	4:09.46			
2	2/4	NAGAOKA MISUZU			JPN	08					4:44.26	804 (0.61)
			29.29	1:03.44	1:41.11	2:17.52	2:57.60	3:38.53	4:11.79			
3	3/4	KOBORI WAKA			JPN	00					4:44.35	803 (0.73)
			31.10	1:05.86	1:41.87	2:16.97	2:58.41	3:39.91	4:12.56			
4	3/3	SUZUKI AYAMI			JPN	05					4:44.66	801 (0.69)
			29.60	1:02.94	1:38.51	2:14.17	2:57.04	3:39.14	4:12.01			
5	2/3	SATO RIO			JPN	03					4:44.67	801 (0.72)
			29.82	1:03.80	1:41.38	2:18.50	2:58.23	3:38.67	4:12.42			
6	3/5	SASAKI SHUNA			JPN	09					4:45.09	797 (0.71)
			28.77	1:03.02	1:40.33	2:17.05	2:57.20	3:38.61	4:12.38			
7	3/6	YAMAMOTO REIRA			JPN	06					4:46.39	786 (0.70)
			29.88	1:03.94	1:41.26	2:18.12	2:58.22	3:38.53	4:12.62			
8	4/1	KOBAYASHI EMA			JPN	08					4:46.86	782 (0.74)
			29.44	1:03.21	1:40.04	2:16.47	2:58.09	3:40.30	4:14.09			
9	2/5	TAKAYAMA SHIKI			JPN	09					4:47.06	781 (0.80)
			29.56	1:04.27	1:41.41	2:17.90	2:59.42	3:41.47	4:14.90			
10	3/1	ITO AKARI			JPN	03					4:47.51	777 (0.64)
			29.79	1:03.72	1:40.44	2:16.10	2:57.44	3:39.62	4:13.92			
11	4/7	KODAMA MIO			JPN	08					4:47.52	777 (0.68)
			29.32	1:02.86	1:41.64	2:18.74	2:58.93	3:40.04	4:14.37			
12	2/6	OKUZONO MISA			JPN	06					4:48.42	770 (0.72)
			30.58	1:04.72	1:42.82	2:20.36	3:02.05	3:44.35	4:17.38			
13	4/2	ADACHI MAMI			JPN	05					4:48.99	765 (0.76)
			30.27	1:04.53	1:42.08	2:19.01	3:00.36	3:41.85	4:16.35			
14	3/8	HORIKIRI AZUSA			JPN	09					4:49.13	764 (0.64)
			30.81	1:05.58	1:43.33	2:19.95	3:00.78	3:41.90	4:15.89			
15	2/8	HONDA SHIHO			JPN	04					4:49.28	763 (0.71)
			31.29	1:07.29	1:46.23	2:23.67	3:02.79	3:42.21	4:16.72			



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Rank	HT/LN	Name	Nat.			YB			Time	FINA Point (R. T.)
			50m	100m	150m	200m	250m	300m	350m	
16	4/6	ISHIKAWA MANA			JPN	09			4:49.56	761 (0.65)
			30.01	1:05.14	1:43.25	2:20.51	3:00.59	3:41.31	4:15.38	
17	3/7	NAKAZAWA KOHARU			JPN	07			4:50.03	757 (0.66)
			29.91	1:04.56	1:44.83	2:23.17	3:02.85	3:42.68	4:17.56	
18	3/9	MAEDA YUI			JPN	05			4:50.86	750 (0.58)
			29.91	1:04.17	1:42.55	2:19.90	3:02.02	3:44.88	4:18.11	
19	4/8	MURAYAMA KIZASHI			JPN	08			4:51.21	748 (0.69)
			30.45	1:05.56	1:45.32	2:23.27	3:03.75	3:44.27	4:18.20	
20	2/2	KAISE YUIKA			JPN	07			4:51.92	742 (0.68)
			30.50	1:05.46	1:43.74	2:21.43	3:03.22	3:45.21	4:18.87	
21	1/4	FUJITA MAO			JPN	08			4:51.98	742 (0.64)
			30.62	1:05.74	1:44.83	2:23.69	3:04.59	3:45.39	4:19.01	
22	2/1	YAMAKAWA HARUNA			JPN	05			4:52.75	736 (0.67)
			30.51	1:04.60	1:43.06	2:21.58	3:03.15	3:45.13	4:19.44	
23	1/6	MIZUTANI SAYA			JPN	09			4:53.26	732 (0.70)
			31.14	1:06.06	1:44.33	2:21.97	3:04.75	3:47.39	4:20.96	
24	4/0	KAJIMOTO SACHIKA			JPN	07			4:53.90	727 (0.67)
			30.83	1:06.23	1:44.94	2:22.44	3:04.51	3:47.45	4:21.78	
25	1/7	ISAKA YURI			JPN	04			4:54.49	723 (0.64)
			30.91	1:06.10	1:44.70	2:22.52	3:05.24	3:47.59	4:21.51	
26	3/2	YAMAMOTO CHIAKI			JPN	07			4:55.08	719 (0.75)
			30.90	1:07.34	1:43.88	2:19.97	3:04.12	3:47.85	4:21.84	
27	1/8	TOTSUKA HINAKO			JPN	08			4:55.19	718 (0.74)
			30.21	1:04.76	1:44.32	2:22.74	3:06.33	3:50.13	4:23.03	
28	1/3	META AINA			JPN	06			4:55.29	717 (0.63)
			31.12	1:06.16	1:45.97	2:25.51	3:06.69	3:48.21	4:22.25	
29	3/0	MIYAZAKI MIYU			JPN	05			4:56.49	709 (0.64)
			30.75	1:06.55	1:45.48	2:24.15	3:06.25	3:47.82	4:22.01	
30	1/5	NISUGI RUKA			JPN	10			4:56.99	705 (0.71)
			30.90	1:05.82	1:45.04	2:22.93	3:06.26	3:49.91	4:24.21	



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Rank	HT/LN	Name	50m		100m		150m		200m		250m		300m		350m		Time	FINA Point (R. T.)
31	1/1	MIYAZAKI AI															4:58.61	694 (0.71)
			29.81	1:03.96	1:44.44	2:23.90	3:07.13	3:49.05	4:24.31									
32	2/9	NEGISHI SORANE															4:58.88	692 (0.69)
			30.91	1:06.54	1:46.79	2:25.92	3:08.22	3:50.22	4:24.78									
33	4/9	MURAKAMI KOTO															4:58.94	691 (0.61)
			30.34	1:05.50	1:44.27	2:22.73	3:06.03	3:50.02	4:25.02									
34	2/0	AIKYO MIU															5:01.32	675 (0.65)
			31.34	1:06.81	1:48.31	2:29.41	3:08.92	3:49.20	4:25.87									
	1/2	YAMAMURA AOI															DNS	
	2/7	NAKASHIMA AO															DNS	
	4/3	MATSUMOTO SHIHO															DNS	
	4/5	KAJIMOTO ICHIKA															DNS	